

**Mon**

**Tue**

**Wed**

**Thu**

**Fri**

McDonald Community Room  
500 Ohio Avenue  
McDonald, OH 44437  
Phone: 330-979-8842 or 330-530-5472  
Email: Tina-Directormcd@zoominternet.net

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4 **9:30am-10:30am**  
Boot Camp  
**11:00am-12:00pm**  
Balance & Strength Exercise  
**12:30pm-1:30pm**  
Speaker/Phil  
Info on Mind Games  
**1:30pm-3:30pm**  
Enjoying time with Friends

5 **9:00am-10:00am**  
Yoga  
**10:30am-11:30am**  
Line Dancing  
**1:30pm-4:00pm**  
Pinochle  
**1:30pm-4:30pm**  
Mahjong

6 **9:30am-10:30am**  
Boot Camp  
**11:00am-12:00pm**  
Balance & Strength Exercise  
**12:30pm-2:30pm**  
Bingo/**ugly sweater day**   
**\*2:30pm-3:30pm\***  
Enjoying time with friends

7 **10:00am-11:00am**  
Historical Society Meeting  
**11:30am-1:30pm**  
**CRAFTS**  
**1:30pm-4:30pm**  
Liverpool Rummy

8 **9:30am-10:30am**  
Boot Camp  
**11:00am-12:00am**  
Balance & Strength Exercise  
**12:30pm-3:30pm**  
Different Games,  
Board or Cards.. your choice

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11 **9:30am-10:30am**   
Boot Camp  
**11:00am-12:00pm**  
Balance & Strength Exercise  
**\*12:30pm-1:30pm\***  
Cookie Exchange / bring  
2 dozen of cookies to share  
**1:30pm-3:30pm**  
Enjoying time with Friends

12 **9:00am-10:00am**  
Yoga  
**10:30am-11:30am**  
Line Dancing  
**1:30pm-4:00pm**  
Pinochle  
**1:30pm-4:30pm**  
Mahjong

13 **9:30am-10:30am**  
Boot Camp  
**11:00am-12:00pm**  
Balance & Strength Exercise  
**12:30pm-2:30pm**  
Bingo  
**2:30pm-3:30pm**  
Enjoying time with friends

14 **9:30am-11:30am**  
Start a puzzle  
with coffee n donuts  
  
**11:30am-12:30 pm**  
Snap program with Laura  
  
**12:30pm-4:30pm**  
Liverpool Rummy

15 **9:30am-10:30am**  
Boot Camp  
**11:00am-12:00am**  
Balance & Strength Exercise  
**12:30pm-3:30pm**  
Christmas Movie enjoy  
with popcorn of course



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18 **9:30am-10:30am**  
Boot Camp  
**10:30am-11:30am**  
**Mercy Health Cancelled**  
**11:00am-12:00pm**  
Balance & Strength Exercise  
**12:30-3:30pm**  
Enjoying time with friends

19 **9:00am-10:00am**  
Yoga  
**10:30am-11:30am**  
Line Dancing  
**1:30pm-4:00pm**  
Pinochle  
**1:30pm-4:30pm**  
Mahjong

20 **9:30am-10:30am**  
Boot Camp  
**11:00am-12:00pm**  
Balance & Strength Exercise  
**12:30pm-2:30pm**  
Bingo  
**2:30pm-3:30pm**  
Enjoying time with friends

21 **11:00am- 4:30pm**  
Christmas Party  
POT LUCK  
  
**12:00pm -2:00pm**  
SANTA CLAUS



22 **9:30am-10:30am**  
**No Boot Camp**  
**11:00am-12:00pm**  
**No Balance & Strength Exercise**  
**12:30pm-3:30pm**  
Different Card Games  
Board or Cards... your choice

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25 **\*\*\* CLOSED \*\*\***  
**MERRY CHRISTMAS**



26 **9:00am-10:00am**  
**Yoga Cancelled**  
**10:30am-11:30am**  
**Line Dancing Cancelled**  
**1:30pm-4:00pm**  
Pinochle  
**1:30pm-4:30pm**  
Mahjong

27 **9:30am-10:30am**  
Boot Camp  
**11:00am-12:00pm**  
Balance & Strength Exercise  
**12:30pm-2:30pm**  
Bingo  
**2:30pm-3:30pm**  
Enjoying time with friends

28 **9:30am-11:30am**  
Mercy health /Jessica  
Healthy Eating.  
  
**11:30am-12:30 pm**  
Snap program with Laura  
  
**12:30pm-4:30pm**  
Liverpool Rummy



29 **9:30am-10:30am**  
Boot Camp  
**11:00am-12:00am**  
Balance & Strength Exercise  
**12:30-3:30pm**  
NEW YEAR EVE Party  
Pot luck

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